

xxiii) The Truth? - is something that needs to be experienced, personally  
xiv) - ~~ecocatalyst~~ - to heal our relationship with the rest of the web of life.

Question: Does the universe have meaning or a point?

Is it "Life is accidental, mostly hard, then you die?"

A grand, optimistic view, could only be valid if it was driven primarily by direct experience

6) Could we improve on the lens of normal consciousness to attain a state of mind to better understand nature.

8) ~~in the ocean~~ - More immediate route to transcendental knowledge

9) ? The ability of the mind to transcend normal reality is a step toward reclaiming significance for existence.

10) He will prove the reality process is essentially "smart".

23) Wassen received ~~8 pairs of mushrooms~~ / Maria Sabina

24) Sights More Real Than Real - Archetypes, Platonic Forms

\* Shamanic Ecstasy, Awe, Significance

25) Rel. experience was connected to the origin of Rel. impulse

26) Key Paragraph - Succinct - Materialism - No values / need psychedelics - ~~destroying the biosphere~~

enliven the soul of homo sapiens.

27) Ageing? - Exhilarating states of mind - offering greater and more brilliant conceptual view of reality.

39/40 - The experience was probably the birth of the religious impulse - historical influence was great.

41) Xians Burned all Mayan Books & "Idols"

42) Psychedelic Enemas - used by Mayan Elite.

54) Good Friday Experiment - Was with psilocybin - Very clear

55) A medicinal Soul Food with which to reconcile the nature of reality.

56) for Death "left me with certainty that there is an environment bigger than the one I am conscious of - Sense of Timelessness"

58) mushroom "reveal psychological realms that can enrich our collective existence as humans on the earth."

59) Psychological Shakeup? - Nothing remains hidden to the mushroom.

71) Before eating mushrooms take a careful stock of your mental & moral well-being as initiates of Ebensis.

# The Psilocybin Solution

Meaning in Life is ongoing goal-and-goal-to-be "consumers"

"This book provides a clear and up-to-date picture of what goes on in the brain during the visionary psilocybin experience. The author's intrepid speculations, centering on information as the fundamental stuff of the universe, are clearly signposted. The writing is lucid and a joy to behold, an important contribution."

JEREMY NARBY, ANTHROPOLOGIST AND  
AUTHOR OF *THE COSMIC SERPENT,*  
*INTELLIGENCE IN NATURE, AND*  
*THE PSYCHOTROPIC MIND*

"The profound experiences unlocked by the visionary psilocybin-containing mushrooms are more than a recreational holiday for the mind. They are, in fact, the key to understanding that consciousness is not an aspect of reality, it is reality itself."

DENNIS MCKENNA, PH.D, ETHNOPHARMACOLOGIST  
AND COAUTHOR OF *THE INVISIBLE LANDSCAPE*

"A worthy successor to Aldous Huxley's *The Doors of Perception*, *The Psilocybin Solution* takes the reader behind the grand curtain of reality with a compelling hypothesis that approaches a unified field theory of human consciousness in an intelligent and interconnected universe."

BILL LINTON, CEO OF PROMEGA

**"In this fascinating and provocative book, Simon Powell speculates on the nature of reality. He posits Nature is a deliberate and intelligently behaving system, and he proposes that psilocybin, by altering the neurochemistry of the brain in specific ways, enables novel patterns of information to emerge, allowing the psyche to become a sort of conduit to the Other. If in fact that is what actually happens, then entheogens (psychedelics) are much more important to the human species than has been realized."**

**DAVID E. NICHOLS, PH.D.,  
PRESIDENT AND COFOUNDER OF THE  
HEFFTER RESEARCH INSTITUTE**

71 - A cure for the eco destructive age - Revitalized Veneration for natural systems AND deeper insights into the transcendent nature of reality.

72 Huxley laid it out 1961 - Speech - Island now came out in 62. Psychological Science would be confronted with psilocybin (Now - in 2020?)

Visionary experience could "change the lot of humanity")

78 - Learn - Nature is somehow imbued with intelligence Entheogenic Gauntlet - Novel insights into deeper mystery of being, self knowledge → improved inner lives

Perceptual Enhancement - can raise our dialogue with nature to levels never imagined.  
And, our inner lives may be improved by deep self - Knowledge. "Know thyself" inevitable w/ psychedelics

99 Neurotransmitters - what controls the firings of neurons - what psychedelics are similar to

110 Psilocybin's shape is so similar to serotonin

112 Psychedelics function by making more information available

113 A transcendental reality seems to await us Huxley. More access to perceptual information "out there"

114 - "We absolutely must dream"? But, w/ cannabis lightly I do not remember dreams

124 - Visionary exp." to be overwhelmed by the direct EXISTENTIAL SOLUTION apprehension of pure and unadulterated meaning FROM highly integrated information processing.

130 hear a "higher language"

139 - Great thoughts appear - like the meaning of existence.

144 Psilocybin - Spiritual aura and mysterious feel of connectedness - A glimpse of the bigger picture.

145 - Eco-ECME Mystical Experience - "The other" can't help but change ones conception of the world.