

"Illicit" drugs - ones that may run counter to the smooth operation of society in the interests of the "powers that be".

3 - Only Indians have the right to ingestentheogens.  
We condone mind changers that seem to help uphold Society's rule & condemn ones that are seen to undermine it.  
3 - Engaging with nature in one of the most profound ways possible  
4 - Humans - Normal Everyday consciousness is not enough  
7] Whats in it for the plants - to create these neurotransmitters?  
Tools for defense - confusing, disorienting, ruining appetite.

Now - Some plants use caffeine as an attractant.

8 - Our Species desire to change consciousness is universal. - why?

9 - Value - in dark times? "Relieve the boredom, entertain by offering novel sensations or thoughts, - Expand the contours of a world constrained by circumstance" Ecocide Virus? Speech gest.

Mushrooms can "loosen" "stuck" brains. Psychoactive molecules are mutagens - operating in the realm of human culture - rather than in biology.

10 - Book "The secret history of the Religion with No Name".

11) Speech Why such strong laws, rituals, taboos - this reflects understanding that exchanging minds can be disruptive to both individuals and society. switch order  
- indigenous cultures - these substances are never used casually, but with intention - ritual, elders.

12) Lumping disaster of Lumping - Carl Hart is a Lumper  
16 WOD Drugs - Erosion of Liberty - A result of WOD - or the Drug War.  
its objective, Erich Mann - Must get best ones.

18 - Drugs are winning - Drugs won

Popper 50. How to make poppy head tea For Speech

77 Poppy Tea - It is a painkiller in every sense.  
"lightens the existential load"

92 - You cant really understand a drug until you give it up totally, then get back on it.

92 90% of humans regularly use caffeine WHAT?  
- The other Book is "on Drugs"

93 By giving up Caffeine I was giving up my ability to tell the story.

99 Why it may be smarter for the plant to make a discombobulating chemical rather than a toxin. Harder to evolve against.  
Plants made mind alterers for defense.

Are Speech you an actor on this stage of this world - or a pawn who is acted upon. Now is truly the time to stand up and "save the world", as well as any good that civilization has brought us

# Speech

106 - Coffee & Tea - Changed Europe - precise AND improved public health - (both were berthed) - prior to that it was alcohol - less good.

110 - England. Caffeine coffee regarded - 1675 - as a threat to institutional power.

116 Addiction? - There is nothing inherently "wrong" with addiction - IF (3) 1) You have a secure supply 2) No known health risk 3) You aren't offended by the idea -

caffeine - good for age of reason, enlightenment and capitalism.

121 Before Coffee and tea - Alcohol was served Morning, Noon, and Night - A different consciousness

127 - it Amped up humans to fit the requirements of modern civilization - ? Good - or No?

135 Sleep

167 - This is how one ought to see, how things really are."

→ Huxley on Mescaline

170 - For Westerners. Mescaline held the power to re-enchant a world from which the gods had departed.

171 "Everybody loved Mescaline!" warmth, gentleness, lucidity

172 "Mescaline is the King of the materials" Shulgin agreed

184 - Bad Taste - Mescaline - also a chemical defense

189 - in 1620 First drug law in Americas - against peyote.

195 NAC Meeting was very rigid.

203 - Decriminalize Nature - has done a brilliant job of Naturalizing Psychedelics.

207 Leave Wild Peyote alone. Plant it. Synthesize Mescaline

211 - It knows you - (even before you do) And has the power to bare ones faults and force you to confront them.

216 Total "sufficiency" - There was nothing else  
I needed from life in order to feel content.

A sumptuous feast of reality,

232 Recipe for preparing San Pedro

245 Despair felt like no longer an option