

Intro - Chopra - The Eastern of consciousness
Forward - Humans have reached a crossroads - and
The stakes cannot be overstated.

xiii a moment for the "changing of the gods" / Jung
Wow ECME

Need transformation and awakening to join w/ Nature

xv We need the initiatory practices spread widely to
unleash the powerful transformative energies and
unconscious forces.

xvi His work affirmed the sacredness of all being.

dying can lead to new life - trauma → awakening new life
xix Alberts dream - the "New Eleusis" legal psychedelics
woven into fabric of society - for benefit of humanity.

xx - The Craving for transcendental experience - Strongest
drive in the Human Psyche

3 History of "Technologies of the Sacred"

4 - We use only a fraction of our perceptual and ~~intellectual~~
experiential potential - ∴ we are not aware of the full
extent of our being - Taboo - against Knowing Ourselves

12 - For Transitions - Try psychospiritual death and rebirth.

Consciousness Expanding Procedure → psych. disorganizing
experience → leads to rebirth at higher level of integration.

13 Now you have had personal contact with the numinous
dimensions of existence → expanded worldview. Confidence

14 Eleusis / 2000 yrs / Changed Worldview - Freed from the
Fear of death by knowing they were immortal souls in
Mortal Bodies

Cicero - Gained Power to live happily - and die with a
better hope. Bring civilization out of our barbarity /
Savagery

25 Ayahwasca Church - Counteract Alienation, loss of
Spirituality, ecological degradation of our planet.

30 It was the intensity of LSD that was sensational. Low dose

29 Bicycle Day April 19 - then 4/20

32 With LSD as catalyst therapy can reach problem
Addictions - People difficult to reach - me people

37 Terminal Cancer Patients - both Depression / Anxiety & Pain
End Fear of death - Quality of life enhanced.

39 Total VARIABILITY in LSD response. SO it isn't really
pharm. research - it is Human Consciousness Research.

41 LSD is the Microscope and telescope for understanding Hell or Angelic - try "psychedelic" osminal Consciousness - A list of insights

42 MDA mMDA - "Amphetamine derivatives structurally similar to mescaline"

Entheogens - Means - Generating God Within.

43 - The role of dishonest sensation hungry Media (Complicity)

52 CIA - gave LSD to lots of totally innocent people

98 His First Trip - "No boundary or difference between me and the universe."

110 - Can the Brain Mechanism really be the total "mind" / consciousness

113 - Consciousness can operate independently of the brain.

118-119 - Astounding Psychic Phenomena - Anne at Esalin

120 Jung - The Psyche is not a product of the brain & not housed within the skull.

124 - He is convinced we remember the stages of birth, but is convinced there is an independently existing deeper domain of unconscious - he calls Transpersonal

125 The Way of the Psychonaut - Imp. for Therapy Encyclopedia for Inner Journeys

133 WOW COEX Systems in Personality - Themes

1) Humiliating Degrading, Shaming, damages self-esteem

2) Rejection and emotional deprivation - harmability to trust

5 Key

134 - Keeping eyes open is not the most effective therapeutic strategy

137 - Complexes can "have us" - like "sabotaging imps" discharge it by bringing it into consciousness

46 - Intellectual Knowledge of a concept is useless. Relationships? The good teacher/therapist responds in an atypical or unexpected way - to break the repetitive pattern - provide corrective experience.

157 J.P. Sartre Badly managed mescaline session Wrote "Nausea" & "Heaven Hell" - "NO EXIT"

170 You can also travel to the microworld. So, to know consciousness - you have to understand the perinatal and transpersonal (not now recognized) dimensions

176 Transpersonal Experience - Shatters materialistic world view AND Newtonian/Cartesian paradigm.

177 Each of us is a microcosm - containing, in some mysterious way - The entire universe.

206 - Sources of all Religions - The transpersonal experiences of the founders.

220 Enormous blocked energy underlies neurosis - futility of merely verbal approaches to therapy.

231 Jung Collective Unconscious - Entity of history plus the archetypal domain. Consciousness goes there.

234 Jung Recognized Spirituality & the transpersonal realm.

235 Psychonauts should know Jung - he got the closest

250 Freud - maybe, in the future, there will be a chemical for therapy.

269 - A Temporary Cure of O.C.D. with psilocybin

284 - Best Cure for suicidal ideation - experience ego

death and rebirth & then Cosmic unity.

285 Deepest Need behind Alcoholism & Addiction is the need for crawling for transcendence. Wm. James

305 - Despite endless inquiry "The nature of the psychotic process remains a mystery."

308 The concept of psychosis has to be radically re-defined.

309 "The Psychotic drowns in the same water the mystic swims in."

314 The Completion and integration of "spiritual crisis" leads to

more tolerance, eco awareness, & change in values

- higher level of consciousness evolution

ECME

More people realize that genuine spirituality based on profound personal experience is a vitally imp. dimension of life.

~~AAA~~ There - whole ecotheris ECME - Pure Materialism

is our doom / when we reject/deny spirituality, we deny it we omit a force that is nourishing, empowering, and gives meaning to existence / AND ECME could allow us to change.

• individuals - alienation, unfulfillment → psycho problems

• societal - plundering of resources, Violence to solve problems, strategies of existence that threaten life on this planet.

• it is a core human interest to reintroduce spirituality b/c we must allow experiential access to the spiritual dimension

315 of reality

317 - Sasha Paragraph - Coupled with perinatal

321 Person you turn on must be a person capable of forming a bond or having trust in you / No persecution complex

327 List of goals for the Peak Experience - mas low

328 Numinous Quality - Reflects direct apprehension of the divine nature of reality.

NDE Near Death Experience AND alien abduction

challenge current paradigm of reality.

344 Alcoholism & Addiction - crawling for transcendence or Wholeness Transcendence is great cure.

345 Jung and Bill Wilson of AA "Spiritus contra spiritum" Deep spiritual experience is the antidote to alcoholism / Addiction / Even to Materialism.

348 - Have to do withdrawal & detox Before therapy. Successful Treatment program will have strong spiritual direction. First they must have reached sobriety

349 Then Benefit from ego death in protected situation.

350 Bill Wilson (AA) tripped with Aldous Huxley - made a plan to give LSD ^{Stanislav Grof, M.D., Ph.D.} to all AA meetings.

Weil-72 - Transcendence is the most powerful motivating force in the human psyche.

251 Grof - thinks the 12 steps should be blended with the transpersonal / "holotropic" - LSD

362 uses of music - Why? - helps to break through - let go.

363 General The Way of the Psychonaut

Philosophy of Psychedelic Therapy - ^{Encyclopedia for Inner Journeys} deep respect for the wisdom of the self-healing intelligence.

368 Nourishing Physical Contact may be used, in group settings - with pre arrangement. ^{Volume One}

376 Some have big difficulty w/ accepting ecstatic experience - Unless they follow suffering and hard work... even then with guilt.

377 Holotropic breath work can be Very beneficial. ^{bliss} ^{therapy}

383 Huxley concluded the brain could not be the source of all the phenomena he saw. - It was a reducing value opened up



MAPS

Multidisciplinary Association for Psychedelic Studies (MAPS)