

- Xii predates history  
 one of very first medications  
 - temporary entry into heaven (on a place apart)  
 + slave master cruel mistress possessive lover.  
 16 Sumerians Also gave us the poppy  
 17 - By 5th & 3rd Centuries BC. - people wrote of addiction Better to suffer the pain than get hooked  
 18 Demeter forgather Sorrows  
 19 Hippocrates says - use sparingly  
 19 once a habit - promoter indifference towards everything except the ego - calm euphoria where Anger & Sorrow are suppressed  
 a calm euphoria  
 22. Aspecific cure for stomach ailments  
 24 Paracelsus - Cured People and was an addict.  
 25 - Effects - Numbing - etc  
 Laudanum - Opium strong red wine  
 18 Helen prepared the cordial Nepenre - At the banquet after Ulysses was killed Trojan War. Ended sorrow  
 25 By the 1600's, Many doctors were against habituation  
 29 - Acquainted with it - few would have been addicted scholars & writers.  
 30 - Ben Franklin was an addict in old age - good writer?  
 - accepted as the price one paid for relief of pain.  
 34 - The Addiction was accepted  
 35 ? O and the liberty of thought it produced, was instrumental in development of the Romantic Literature  
 36 De Quincey - First rush - "The secret of happiness" 1775-1835  
 "panacea for all human woes"  
 38 It provided visions/urban & rural, remembrance of childhood  
 38 O alters Colors, Brighter, Deeper, one feels them  
 A Kinship with others who were above ordinary mortals  
 access to another miraculous incredible universe.  
 40 De Quincey brought the subject into the open.  
 But his great visions gave way to torment - joy into guilt  
 Many writers addicted, changed the direction of literature  
 He kept his addiction manageable - happily married.  
 40 Crabbe - took as steady, only slightly increasing dose  
 - recent life - poetry improved after addiction.  
 41) Coleridge - ended up employing a man to drag him away from temptation.

- He got to a dose that would kill 5 first time users  
 Admitted his addiction affected his moral nature but  
 Made his living from it? As a writer? best poetry  
 45 After I die, please tell a full account of my wretchedness  
 46 Elizabeth Barrett Browning - an addict.  
 49 - many Common folk where O was the only way out of a harsh life.  
 51 - in 1800's O more widely used than aspirin - Amazingly  
 61 Baby Calming liquids sold big. Common  
 62 Poverty Kids - get O during day - Then - at night too  
 64 First Control - 1868 Poisons & Pharmacy Act  
 infant death rate dropped to a third.  
 66 - By end of 1800 - Opiates in hands of the doctor.  
 74 - Haggard - Loss of Sexual Ability and Desire.  
 78 History Repeats Itself - Always the same  
 - first - a miracle - Then "Deplorable" result  
 79 H - arguably the most addictive - Agent for insidious undermining of human society.  
 83 - Addiction Alters the body's chemistry (not brain)  
 So it can't function properly without it.  
 84 - For a non Addict - the mystery is why? do it - knowing the terrible dangers?  
 84 - Huxley quote. make the perfect drug - Earth would become a paradise. Combine with other one about how the greatest gift/man would  
 84 Lenny Bruce, Dead "I'll die young but it's be  
 Erotic Attraction of Heroin Rush like Kissing  
 86 Early Stages may be Quasi Religious God  
 "Joining with others in a cosmic experience - a special  
 (But vomiting is a first Reaction) fellowship  
 "hip" - word meant an experienced drug taker.  
 - from getting sore hip lying on side - reclining  
 87 Early Stage - Stimulate Imagination  
 "the Exciting Stage of the drug experience does not last long." Maybe months, or weeks. And,  
 "The kick reduces as tolerance rises.  
 88 a minority maintain themselves at a steady dose rate. Opiates themselves being

89 - Relatively safe drugs SE IF  
 88 - After addiction - become demoralized & enter  
 89 - Downfall - from Health & Wealth to Pain & Poverty.  
 95 - Sad Truth - There is No Cure - no remedy (Cannabis - LS)  
 96 - Terrors of Withdrawal - O my God origin of  
 "cold turkey" and "kicking the habit."  
 "ab pain is severe & rapidly increases / vomit blood.  
 Nowadays - do drug assisted  
 97 - Methadone - Cancels Euphoria, eases withdrawal, and  
 prevents drugs from working. to  
 106 Smoking - introduced by westerners China  
 109 - If availability increases - demand increases  
 1729 Quick Chinese recognition of its harm - Edict  
 Sellers were strangled - Employees punished <sup>whipped</sup> and imprisoned  
 banished to 1000 miles away.  
 113 East India Company pushed opium in China to  
 rebalanced the loss of silver. British traded <sup>↑</sup> Not  
 136 [Opium War] in China British Forced the trade  
 - seen as "wicked national sin" and "permanent  
 disgrace" - but went right on.  
 141 British had expected China to legalize opium. No  
 151 - The British, for great profit, Addicted the two biggest  
 populations onto opium, India and China.  
 154 Media - The press sided with Opium - 5 to 1 harm  
 1851  
 161 - Then the British exported morphine - to China  
 163 Japanese brought heroin, morphine to China prior  
 to WWII - to help debilitate its society.  
 By end of 30's 10% of Chinese - opiate addicts  
 169 - Communists freed China from Drug Addiction.  
 1908 Hong Kong 1/3 of pop used. Most were not addicts.  
 175 Far-East/China "slept in foreign opiate  
 for most of 2 centuries.  
 17a China Exported Labor - + then opium to staple  
 190 Says the U.N. should be given real power trade  
 191 - For Centuries Addiction was rarely considered a  
 problem. An unavoidable inconvenience of  
 USA. made the Addict a loathsome, corrupted  
 perverted man. - fashionable for a time

Then 1914 - Harrison Act 1919 - Supreme Ct. ruled  
 Against Doctors Supplying - 25,000 Doctors were  
 Prosecuted for giving drugs to addicts.  
 204 Between 1960 & 1970 Heroin users increased 10 fold  
 219 - Substitute for Sex - repressed desire. to 500,000  
 224 Carl Hart types - use by professional people  
 Generally keep a low profile - Confident  
 that they will not become addicted.  
 232 Amazing ingenuity of smugglers.  
 246 1951 CIA set up Marseilles France as major  
 European Heroin Manufacturing Center  
 252 - if trade is free - upto 90% can be O users.  
 253 Shah of Iran - Huge Opium pusher & grower. <sup>(A)</sup>  
 Shah cleaned up his act - poor quality of military recruits  
 THE POINT - some, the Haig at end of this book, He says,  
 With open and unrestricted availability the trajectory over time  
 for a civilization is always ↓ degradation, even if it is  
 tolerated open and even "chick ship" for a period. Why?  
 10% to 30% (is) don't have the self control. <sup>(see article)</sup>  
 257 - CIA flew drug runs in Golden Triangle in 1960s  
 - wow - other stat. It went up 10 times in 60s  
 273 Heroin in Vietnam produced - by our allies.  
 289 CIA always encouraging opium / Heroin  
 291 - 1982-1990 Heroin Production Tripled  
 305 - Mao wiped out opium and addiction for 40 years  
 310 - Poppy head medicine for stomach ailments <sup>(A)</sup>  
 315 CIA Brought Heroin from Middle East to U.S.A.  
 315 Soviets encouraged trafficking to Cold War Europe.  
 344 Prohibition does not work. It increases demand/  
 Great Profits make situation worse. Crime/Violence/  
 Social Destabilization - Nations are dependant  
 AND - Don't control their territory anymore.  
 Ecological <sup>(A)</sup> Problem

Beyond Government Control.

345 Nation Can outlaw opiates successfully -  
China - 1949 - w/ Totalitarian Govt. running every  
hour of peoples lives. You have to give up  
democracy and human rights/civil liberties.

346 Singapore, Malaysia, Saudi A. Kill traffickers/behead.  
Drugs make a statement / Anti Authority, Exciting  
"A declaration of ethnic or class individuality."  
Carl Hart Part - Some people still think it is "cool"

347 All Drugs - are intimations of A different and important  
level of reality.

353 There is Good and Bad in every big discovery  
Opiates? - millions have been saved yet it has destroyed  
millions of lives, enslaved whole cultures and  
invidiously corrupted human society to its very  
core.