

# 234 ECME - Practice - Through Setting an Example

## 7. The Great Awakening

227 - H. Smith - After an hour he was experiencing

229 - Substances - Had a 'Spiritual Gravitational Pull'

231 - These experiences are NOT for Everyone

238 - Conclu? "Wiser than Despair"

192 - Turning the Experience into a Changed Life

184 Laura Huxley - Granddaughter -- Had the experience - said - great - "Now I know who I am"

184 Psychodolers make you aware that every thing is alive, sacred, and connected.

187 To Children - Laura Huxley's poem to the unborn.

1) Shock the foundations of our culture.

2) Treating Alcoholism with LSD.

3) 700 of Buddhists who began w/ psychedelics. - p 25 Part 5

5 - Council on Spiritual Practices

11) Very impressive safety record in controlled conditions

13) Huxley's intuition - That psychedelics had inherent potential - Sociogenic/ECME

to enhance social cohesion & community mental health

17 Remarkable capacity to facilitate healing.

21 Huxley - go through the door - Never be quite the same.

21 ECME - Hoffman experience - psychic disintegration followed by psychospiritual rebirth.

29 - ECME Doctrine - Fadiman

31 - What are the chances we, in this life can understand reality

Threat - Deconditioning - Deep love Beliefs can change.

33 wow A contest using psychedelics for technical problems

- Architect could see & walk around in unbuilt structure.

Journal of Transpersonal Psychology

35 people dealing with the profound fear that their entire ~~world~~ world view is small

Psychology has a knack of turning disagreements into derangement, disability, or pathology.

37 Breakthrough computer minds - deeply affected by psychedelics.

39 Future of Psychedelic - Entheogenic and Psychotherapeutic

39 - "If you practice your religion we will imprison you."

40 - This is a real Inquisition - Stopping Religious Choice.

# Voluntary Cultural Amnesia

40) Gout. Remove Choice - Authority Rules, Babies, Medicine, Religion  
Reaching an ugly place Re: The decline of personal freedom.  
Go down our vision not wrong - But we "tore down" too much

Medical Marijuana - Advance Praise for Higher Wisdom  
The Comely Nose under the tent here.

41) You may find the world better than you ever thought  
Psychedelic - Take your life experience and compress it - something new  
can grow - If you have little experience you grow much  
At a time when voluntary cultural amnesia about psychedelic research, psy-

42) Have chootherapy, and spirituality is the norm, this fascinating book provides an essential  
I lived antidote in the form of interviews with our cherished psychedelic elders.  
my life Skillfully selected and edited, these interviews testify to the remarkable healing,  
time to personal growth, and scientific potentials of these magical substances which they  
my vision earlier? have evaluated throughout their lives."

42 - Got Reaffirmation that my personality doesn't really hold my interest.  
it is a tool - but so is my car. DOBLIN, President, Multidisciplinary  
Association for Psychedelic Studies

43) Model for psychedelic experience - The guided relationship - as in traditional cultures.  
In taking psychedelics out of the hands of professionals, the government may  
for have taken away some of the most powerful tools that psychiatry has ever had. We

Entheogen use. still do not know the full range of what is possible with psychedelics, and we are  
still trying to grasp the profound implications of these substances for our understanding  
of mind, pathology, therapy, and human potential. Will we have another  
Entheo chance to use them properly? Listen to the wisdom of these elders."

Experience - similar to flying a private plane.  
DAVID E. NICHOLS, Purdue University School  
of Pharmacy and Pharmaceutical Sciences

44) National parks - A set of cathedrals of Pharamacy and Pharmaceutical Sciences  
where we can lose our small self

Gout has "Brimming with the distilled experiences and perspectives of the first generation  
not figured out. How of Western psychedelic investigators, this is a terrifically rich resource for anyone  
much interested in these unique, mind-altering substances."

by people falling in love with NATURE RICK STRASSMAN, MD, University of New Mexico School of  
Medicine and author of *DMT: The Spirit Molecule:*

Rel. - The Handlers take over the situation of Near-Death and Mystical Experiences  
Bureaucrats - eat the spiritual food of the founders,

44) Spiritual This is a very welcome addition to the reexamination of the constructive potentials  
urge of some of the key issues raised by experiences with these substances—issues like  
always gets ossified the nature of ultimate reality, how to handle expansions of consciousness, how to  
raise children, how to deal with social pathologies. None of the explorers suggest  
psychedelics are an answer to these problems; rather, they seem to agree, psychedelics  
stimulate us to ask questions in a new way, to explore with conscious intention,  
God is all around us to see from a wider perspective."

—RALPH MEIZNER, author of *The Unfolding Self: Varieties of Transformative Experience*

47) Entheo - Hoffmann at Sandoz - head of the Department of Natural Products.

On a peculiar infraction he went back to LSD 25

50) The Psychiatrist Must have had The Experience  
50-51 - Total ECME doctrine - The Doors of Perception  
Must be opened

51 Why the religions are no longer adequate. They are simply words

52 Hoffman. Endorses Journal of Transpersonal Psychology  
- recognizes that we are simultaneously in material and spiritual world.  
Waw. What is occurring in the ~~spiritual~~ <sup>material</sup> world is a reflection of the spiritual condition of mankind.

For the near future I am terribly pessimistic

57 Mescaline. best one for alcoholics

61 - The Greatest Benefit was finding out

62 - The Characteristics <sup>what is truly real - greatest prize</sup> of psychedelic users  
The Changes

62 - More accepting and less judgemental. <sup>people who</sup> <sub>you can't</sub>  
64 Psychedelics are for honest people - reveals <sup>about personal</sup>  
escape yourself.

We have to be open and see where people are  
Not be rebellious.

72 - Resistance from Academics / Lawmakers is deep  
<sup>HAN</sup> seated fear of their own unconscious psyche.

Therapy - The subject has to be ready to move into  
another reality - and accept it.

73 Ann Shulgin  
Change will have to come through people asking  
that they be allowed as spiritual tools.

Change by Media or Churches is required

Sasha-WOD is moneymaking, power, and control.

88 Psychedelics can dramatically speed psychotherapy

99 Teenagers should be allowed to have a transcendent  
experience.

105 Work with Totally dysfunctional girl - LSD

109 - Low Dose LSD Therapy.

124 - Grot - Incredibly different reactions in  
different people

123 / Strobe light. Proved That consciousness was  
independent from my body.

132 - Grof bad trip - Then goal "I did not solve problem of the meaning of life intellectually."

123 - It seemed like the beginning of a new life.

135 - 100-250 mcg LSD - Grof used medium doses in therapy.

136 - You reach deeper levels in therapy - the perinatal & the transpersonal.

137 - The Freudian bestial view of human nature rapidly dissolved when I began psychedelic work.

Yes, the negative is all there - <sup>Higher Wisdom</sup> But it is not our human nature.

<sup>137</sup> Grof's work showed the opposite - deepest level is not bestial but Atman/Brahman, the creative principle. people showed great growth.

142 - Why was research banned - Because it escaped the lab and became a mass based Dionysian element into our puritanical society.

144 - Therapy not accepting Psychedelics is like if physics refused to accept relativity or quantum theory.

140 Forbidden Fruit! We should have licenced psychedelic centers - And maybe the young would be less interested? ? ? use for puberty rite

148 - Why a plant illegal? - One factor - the congruence between the experience produced by the substance and the values of the mainstream culture.

153 - 5000 BC - Indians of the West using trading peyote.

154 - WOW - Story on the fraud of Carlos Castaneda - The Teaching of Don Juan - All Made up I knew it

155 - Wow - Neanderthal site / 100,000 years old. Had 8 plants - still used - including ephedra.

165 Harner - 90% of Shamanic cultures use Mesotonus Percussive sound to induce altered states of consciousness.

His path - is percussive - what he teaches

170 - If you give the spirits the opportunity to teach you they will give you what you need not what you planned.

Many Shaman have suffered significantly. Many were hoping there was more to life.

181 Laura Huxley - Psychedelics allow you to be much more vulnerable and open. - Aware of daily theatricals, more careful not to hurt other people.

181 I saw that Relig is not necessarily spirituality - And with applied spirituality you aim to cause no harm.

182 - Get Island - Huxley - What he wanted to say on the way at puberty - introduced to gratuitous grace, out of extraordinary tools for psychotherapy.

187 - Hold a baby to your skin - By the magic of touching - YOU will be touched.

SUNY series in Transpersonal and Humanistic Psychology

185 Death of Aldous Huxley - "100 micrograms"

Richard D. Mann, editor

Aldous said "Please Tim, Keep it Quiet"

Laura "Psychedelics make you aware that every thing is alive, sacred, and connected"

184 Death - Psychedelics gave me a better sense that there was something beyond.

192 Psychedelics can produce valuable religious experience. Many people had first spiritual/religious experience on psychedelics

"Drugs" can produce religious experience - less evidence they can produce religious lives"

Challenge - Altered states into altered traits.

H.S. - Transform flashes of illumination into abiding light.

198 Preparation and responsibilities go with LSD

After the experience we should do Contemplative Homework

201 The older baby boomers are ready now to look at the spiritual side of psychedelics.

Maslow himself - "I don't have much time left so I wanted to find out what is going on beyond the physical." (★)

201 - Turning it underground gave it negative energy.

201 - For Elders - Create programs: in which people could better prepare.

204 We have run out of myths - We need <sup>the</sup> people who will dream new myths.

## ME Assemble The New Myths <sup>New Age/Gaian Transformation</sup>

204 When older - do your inventory, so everything is organized - Makes it easier to go.

209 Leary to Ram Das - "I learned more about psychology from those mushrooms than from graduate school."

## 210 - First time - Higher Wisdom

He went inward - to a place that felt like home. Then saw what he felt in the "Tibetan Book of the Dead" this "home".  
*(Eminent Elders Explore the*

211 - We are fond <sup>Continuing Impact of Psychedelics</sup> of precious jewels because they remind us of pebbles from the higher realm. Huxley speech

"We had experienced the expanded awareness of our consciousness. We couldn't just ignore it."

They introduced me to my consciousness - Something my study of psychology <sup>EDITED BY</sup> had not done.

216 Psychedelics give you <sup>Roger Walsh</sup>

Faith in new <sup>and</sup> <sup>Charles S. Grob</sup> spiritual perspectives. - They can give an enduring faith of some kind.

Psychedelics can open doors BUT "offers too much pizza"

218 - I learned reality <sup>BOTTOM LINE</sup> was much greater than I thought it was.

219 - His Stroke - Medical Marijuana "it alleviates the muscle spasticity and makes the pain irrelevant."

220 The 60's - "Psychedelics were the bedrock of that time - people saw inward - then turned outward to change

In part inspired computers and the internet.

Why psychedelics illegal - they put out too much truth  
Even ecological awareness, <sup>sexual revolution</sup>

224 - Houston Smith - with psychedelics he experienced

The higher transcendent insights that he had spent his life studying. 1963 Article - "Do drugs have religious import?"

Book - The Forgotten truth - The primordial tradition  
H.S. lays out assumptions of the perennial philosophy  
226 (meditated for years - "never got much off the ground")  
St. Huxley ~~was~~ wrote "The Perennial Philosophy"

227 Published by  
State University of New York Press, Albany  
No Doubt - This was an authentic experience - Validated  
© 2005 State University of New York his philosophical world views.

At the apex - all is virtuous - The pollution enters as you  
fall away from the sacred heights.  
Photography © 1988-2004 Marc Franklin. All rights reserved.

229 - it is MORE mysterious, awesome, and wonderful than  
Printed in the United States of America  
Ordinary reality. "They can move ones life toward  
a spiritual existence."

No part of this book may be used or reproduced in any manner whatsoever without written permission.  
No part of this book may be stored in a retrieval system or transmitted in any form or by any means including electronic, electrostatic, magnetic tape, mechanical, photocopying, recording, or otherwise without the prior permission in writing of the publisher.

There is a great wish  
to be with those  
who know what  
you are talking  
about

For information, address State University of New York Press,  
194 Washington Avenue, Suite 305, Albany, NY 12201-2384

Production by Michael Haggert  
Marketing by Fran Keneston

Library of Congress Cataloging in Publication Data

Higher wisdom : Eminent elders explore the continuing impact of psychedelics / edited by Roger Walsh and Charles S. Grob.  
p. cm. — (SUNY series in transpersonal and humanistic psychology)  
Includes bibliographical references and index.  
ISBN 0-7914-6517-9 (hardcover : alk. paper) — ISBN 0-7914-6518-7 (pbk. : alk. paper)  
1. Hallucinogenic drugs. 2. Transpersonal psychology. 3. Hallucinogenic drugs and religious experience. I. Walsh, Roger N., 1946- II. Grob, Charles S., 1950- III. Series.

BF209.H34H54 2005  
154.4—dc22

2004021536

10 9 8 7 6 5 4 3 2