

61 - If the life of Earth Gaia is 24 hrs - humans
alive 1 second

7) Christ Seattle - my God - ULTIMATE

- Contaminate their bodies with sweet foods and
strong drink

About the title - Morality - Right - Wrong

6) Enviro Disasters so real - they test all our capacities
of Denial - almost impossible to integrate into the
reality of the humdrum of our daily lives.

7) The ~~the~~ deepest source of anxiety in our times is the
destruction of our support systems. PEOPLE
sense it, feel it in their bodies!

Council of All Beings - Allows people to hear within
themselves the sounds of the earth crying. ^{Thick} ^{Nash} ^{Hank}

I hear her SCREAMING my name/our names, ^{no}
She is being raped - We are supposed to be the higher
self-consciousness of GAI A.

Despair work - most of us are aware of the destruction
of our planet on deepest level - can't integrate it into
lives - for fear of despair.

Entheo - flush, exercise, wash away the despair.

8 - Refusal to feel it - takes heavy toll

9) Entheo to survive - Need total revolution of consciousness

11 Deep Ecology → 150 yrs lost 1/2 down top soil

15 ~~the~~ Apathy, Paralysis - results from diminished sense of SELF

22 - Ness - There must be identification with in order for
there to be compassion for & then solidarity with

Evolutionary process perfect for realizing identification with

24 Moksha - Liberation - Self Realization - aim of Gandhi

24 - if the activist feels they are sacrificing to save earth - this
is a treacherous base for Ecology

- Why Entheo - Set - Counter culture - Have more fun

ENTHEO We need the immense variety of sources of
JOY opened - True increased sensitivity

39 A FOOTNOTE REL.
MAT. "A thoroughgoing
evolutionary philosophy is inconsistent
with materialism."



Spirit of love
That flows against our flesh
Sets it trembling
Moves across it as across grass
Erasing every boundary that we accept
And swings the doors of our lives wide—
This is a prayer I sing:
Save our perishing earth!

Spirit that cracks our single selves—
Eyes fall down eyes,
Hearts escape through the bars of our ribs
To dart into other bodies—
Save this earth!
The earth is perishing.
This is a prayer I sing.

Spirit that hears each one of us,
Hears all that is—
Listens, listens, hears us out—
Inspire us now!
Our own pulse beats in every stranger's throat,
And also there within the flowered ground beneath
our feet,
And—teach us to listen!—
We can hear it in water, in wood, and even in stone.
We are earth of this earth, and we are bone of its
bone.
This is a prayer I sing, for we have forgotten this
and so
The earth is perishing.

Not - I am
protecting
BUT
I am that
part of the
rain forest
recently
emerged
into
thinking

Barbara Deming

Yup
include



36 - We are the rocks dancing
Every atom of your body existed before organic life emerged
4000 million yrs ago.
- ? So distinction between live and lifeless is a
human construct

37 only 1% of species exist today

ENTHEO - Need inner ^{voyage} to purify and strengthen

38 Need - Change in Consciousness - Deep Ecology is the

⊕ Search for a viable consciousness. ⊕

39 - Quote Alfred North Whitehead "a thoroughgoing evolutionary
philosophy is inconsistent with materialism.

Reverence for the Natural Systems Must become
stronger than Politics or Economics - Jerry

Right! ? + true - how ^{Not that hard to get reconnected - if you try.} Brown?

80 Root of Destruction - Separation From Nature

80 Real Religion - re-connecting with nature

only a few generation since we stopped

Since we forgot that holy religion is in the rituals
of reconnecting with nature. Not un-

connecting. - like chief Seattle.

85/86 Rain forest - A live 130 million yrs

destroyed for Newsprint & cheap hamburgers.

Staggering Chief Seattle Chapt Center of
⊕ Religion

88 Momentum - What we've let loose upon the
world has such mo.

88 Maybe if you were less afraid of Death you would be
readier to live. ⊕ ENTHEO ^{make you less afraid}
- Tim Leary.

Call Back to life's beauty - Fall in love again with life.

89 - The Humming Bee - Ribbon - Bodies in spiral together

73 Chief Seattle - In your parishing ~~all~~ you will shine
brightly - Indians - my Church - Love this Earth

As the Newborn loves its mother's heartbeat

of each other, and yet coexists interdependently
164 ECME = Nature can be our model in many
cases but the morality has to come from us and JS
within us can be somewhat elicited by the
basic entogens.

165 - Through the lens of quantum physics All appears
ultimately as pure consciousness.
?

THE LENS *of* PERCEPTION

A USER'S GUIDE TO HIGHER CONSCIOUSNESS

HAL ZINA BENNETT